

ASHLAND FOOD CO+OP

EST. 1972



SALE FLYER | JANUARY 15 TO JANUARY 21, 2025



PISTOLETA \$16.99

Rhone White blend.
Viognier, Marsanne, Roussanne, and Grenache Blanc. Stone fruit flavors, including apricot and nectarines predominate, with notes of honey and citrus. The wine runs the edge of crispness and unctuousness, with a lip smacking quality.



FRESH PRODUCE

Your only Southern Oregon Certified Organic Grocer



ORGANIC
Heirloom Navel
Oranges
California

\$2²⁴ /lb

SAVE \$0.75 /lb



ORGANIC
Mandarin Bags
Page & Clementine
2lb Bags
California

\$5⁴⁵ ea

SAVE \$1.50/ea



ORGANIC
Grapefruit
Rio Star, Ruby,
Oro Blanco
California & Texas

\$2⁵⁶ /lb

SAVE \$1.43/lb



ORGANIC
Red & Green
D'anjou Pears
Washington & Oregon

\$1⁸⁶ /lb

SAVE \$1.13/lb



ORGANIC
Cauliflower
California

\$1⁶⁸ /lb

SAVE \$1.31/lb



ORGANIC
Mini Sweet Peppers
1lb Bag
Mexico

\$3⁶⁴ ea

SAVE \$3.31/ea



ORGANIC
Red & Yellow
Potatoes
3lb Paper Bag
Washington & Canada

\$3²⁴ ea

SAVE \$2.01/ea



ORGANIC
Green Beans
Mexico

\$2⁵⁶ /lb

SAVE \$1.43/lb



GROCERY



Rudi's Organic Bakery
Organic English Muffins

12 oz.

\$4.49

SAVE \$1.00



Field Roast
Plant-Based Cheese Slice Alternatives

7 oz.

\$4.99

SAVE \$1.80



Califia Farms
Barista Blend Almondmilk

32 oz.

\$3.99

SAVE \$1.90



Lundberg Family Farms
Organic Long Grain Rice
Brown • White • 2lb

\$5.99

SAVE \$1.00



Alexia Potatoes
Select Varieties • 15-16 oz.

\$4.69

SAVE \$1.80



No Bull Veggie Burgers
8 oz.

\$5.79

SAVE \$1.00



Angie's Boom Chicka Pop
Popcorn

4.5-7 oz.

\$2.79

SAVE \$1.50



Kettle Brand Potato Chips
13 oz.

\$4.39

SAVE \$2.00



Siete Grain-Free Tortilla Chips
5 oz.

\$3.99

SAVE \$1.60



BULK



Organic Cranberries
Cane Juice Sweetened

\$5.29 lb

SAVE \$2.00/lb



Organic Golden Flax Seeds

\$2.79 lb

SAVE \$0.50/lb



Pachamama Organic Sunrise Light Roast

\$11.99 lb

SAVE \$2.30/lb



Organic Extra Virgin Olive Oil

\$12.29 lb





OSHALA FARM

APPLEGATE VALLEY, OR



More than just a farm—it's the manifestation of a dream born out of passion

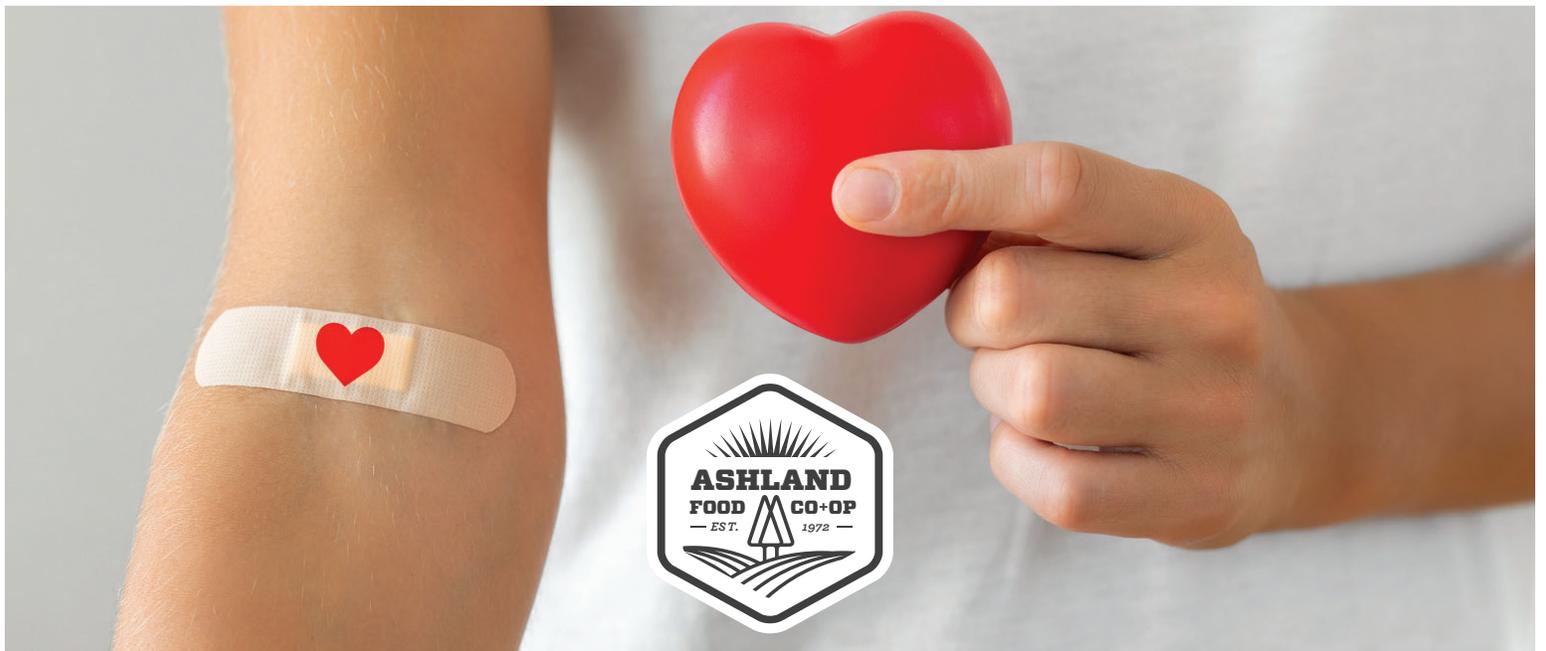
Organically grown in southern Oregon

In pursuit of excellence, we've stayed true to a set of values that define us.

MEET THE FARMERS



WWW.OSHALAFARM.COM



IS HOSTING A

BLOOD DRIVE

JANUARY 24, 2025
10AM - 3PM

CO-OP COMMUNITY CLASSROOM
300 N. PIONEER ASHLAND, OR 97520

**Give blood this month and
make a real difference
to someone in need!**



To find out more or sign up visit Ashlandfood.coop/events or scan the QR code

LAND & SEA



Fresh Columbia River Steelhead Fillet

Farm Raised

\$12⁹⁹ lb

SAVE \$3.00/lb



Beeler's Boneless Pork Loin Chops

\$5⁹⁹ lb

SAVE \$2.00/lb



HOUSE-MADE

ASHLAND FOOD CO+OP

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Co-op Kitchen Grab-n-Go Bacon Breakfast Sandwich Wheat-Free

\$3⁹⁵ ea

SAVE \$1.00



Hill's Premium Meats

Pork Breakfast Links

\$4⁹⁹ lb

SAVE \$2.00/lb



Diestel Turkey Ranch Organic Sliced Turkey Oven Roasted & Smoked

\$6⁴⁹ ea

SAVE \$3.00



ASHLAND FOOD CO+OP

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Co-op Kitchen Made-to-Order Build Your Own Juice

\$7⁴⁵ ea

SAVE \$1.50



WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE PURPLE TAGS TO SAVE!

Co+op basics

CO+OP Basics

Co+op basics

Field Day Organic Apple Juice

64 oz.
\$6⁹⁹



Co+op basics

Field Day Organic Three Cheese Pizza

12.2 oz.
\$7⁹⁹



Co+op basics

Field Day Green Pitted Olives

6 oz.
\$2⁹⁹



Co+op basics

Field Day Organic Cocoa Powder

8 oz.
\$6⁹⁹



Co+op basics

Field Day Organic Original Applesauce

24 oz.
\$3⁴⁹





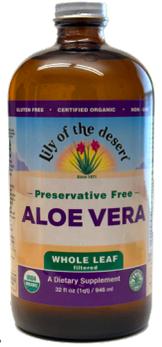
WELLNESS



Barleans Flax Oil
Freshly Cold Pressed • 100 soft gel

\$11⁹⁹

SAVE \$2.00



Lily Of The Desert Aloe Vera Juice
Whole Leaf Filtered • 32 oz.

\$6⁹⁹

SAVE \$3.00

everyday
deal

Buy \$100
worth of

wellness
products

GET
10% OFF



Microjoy All Products

**20%
OFF**



Andalou Naturals Night Repair Cream
Age Defying

\$17⁹⁹

SAVE \$7.80

Terry Naturally Curamin

Extra Strength Pain Relief • 30 tab

\$16⁹⁹

SAVE \$5.50



BRUCE'S PICKS

Barone Cornaccia Montapulciano D'Abruzzo

750 ml
Full-bodied Italian red that maintains verve and elegance. Plum, cherry, round and smooth, with a dusty, tannic grip.

\$17⁹⁹



Fenouillet Ventoux

750 ml
75% Grenache, 20% Syrah and 5% Carignan, wonderful value in this Southern French gem. Big fruit flavors, yet balanced with tart berry.

\$14⁹⁹

