



**ASHLAND
FOOD CO-OP**
EST. 1972

Strawberry SALE

20% OFF
1lb & 2lb Containers

SALE FLYER | June 18 to June 24, 2025

Discount taken at register

FRESH PRODUCE

Your only Southern Oregon Certified Organic Grocer



ORGANIC
**Galia & Honeydew
Melons**
California

\$1⁴⁸ lb

SAVE \$0.81/lb



ORGANIC
Dark Sweet Cherries
California

\$7²⁵ lb

SAVE \$3.20/lb



ORGANIC
**Mini Seedless
Watermelons**
California

\$6⁴⁵ ea

SAVE \$1.50



ORGANIC
Plums
All Varieties
California

\$3²⁸ lb

SAVE \$1.17



ORGANIC
**Japanese & White
Sweet Potatoes**
California

\$2⁴² lb

SAVE \$0.57/lb



ORGANIC
Asparagus
Washington

\$5⁹⁶ lb

SAVE \$2.99/lb



ORGANIC
Romanesco
California

\$2⁸⁶ lb

SAVE \$1.39



ORGANIC
**Medley Mini
Potato Bags**
1.5lb Bag
California

\$3⁹⁸ ea

SAVE \$0.97/ea

ASHLAND FOOD CO-OP | OPEN EVERY DAY 7AM TO 9PM | WWW.ASHLANDFOOD.COOP

coop
deals

**Que Pasa
Organic Corn
Tortilla Chips**

11 oz.

2/\$7

SAVE \$1.58 on 2



GROCERY



**Santa Cruz
Organic
Lemonade**

32 oz.

2/\$5

SAVE \$1.98 on 2



coop
deals

coop
deals

**Nancy's
Organic
Probiotic
Kefir**

32 oz.

\$4.79

SAVE \$1.20



coop
deals

**Against the Grain
Gourmet
Gluten Free Crust Pizzas**

24 oz.

\$10.49

SAVE \$4.00



**Tofurky
Plant Based
Sausages**

13 oz.

\$4.99

SAVE \$2.30



**Beyond Meat
Plant Based
Brat Sausages**

14 oz.

\$7.99

SAVE \$2.40



coop
deals

**Violife
Dairy Free
Cheese Alternative**

Shreds • Blocks
5.29-8 oz.

\$4.99 - \$5.49

SAVE \$1.30-\$1.50



coop
deals

**Cosmic Bliss
Organic Dairy Free Frozen Dessert**

14 oz.

Buy One, Get One FREE



coop
deals

**Zevia
Zero Sugar Soda**

6 pk

\$5.39

SAVE \$2.00



coop
deals

**Organic
Black Mission Figs**

\$8.29 lb

SAVE \$2.00/lb



coop
deals

**Grandy Organics
Organic Antioxidant
Trail Mix**

\$12.99 lb

SAVE \$2.30/lb



BULK

**Café Mam
Breakfast Blend**

\$9.99 lb

SAVE \$2.60/lb



coop
deals

**Grandy Organics
Organic Gluten Free
Classic Granola**

\$7.49 lb

SAVE \$1.80/lb





**ASHLAND
FOOD CO+OP**

EST. 1972

BERRY BURST SALE!



20% OFF

ALL BERRIES

for 1 week!

6/18 to 6/24

Discount taken off at register.

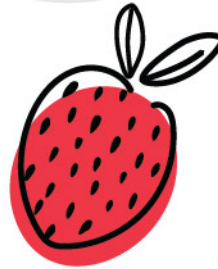
Sweet Savings!

**20%
OFF**



**ORGANIC
Strawberries**
California

1lb & 2lb Containers



**ORGANIC
Blackberries**
California

6oz Containers



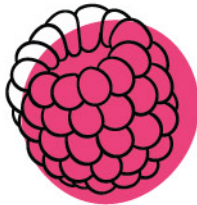
**ORGANIC
Blueberries**
California & Mexico

6oz, 11oz & 12oz Containers



**ORGANIC
Raspberries**
California

6oz & 12oz Containers



**ASHLAND
FOOD CO+OP**

EST. 1972

SALE FLYER

June 18 to June 24, 2025

Open Daily 7AM - 9PM





Organic Smart Chicken
Bone-In Thighs

\$5⁴⁹ lb

SAVE \$1.00/lb



LAND & SEA



Beeler's
Bone-In Pork Chops

\$5⁹⁹ lb

SAVE \$2.00/lb



HOUSE-MADE

ASHLAND
FOOD CO+OP

EST. 1972

Co-op Kitchen
Made-to-Order
Iced Mocha

16 oz.

\$4⁹⁵

SAVE \$1.00



Niman Ranch
Sausages

All Varieties • 12 oz.

\$6⁹⁹

SAVE \$2.50



Roli Roti
Butcher's
Organic
Bone Broth

All Varieties • 24 oz.

\$7⁹⁹

SAVE \$2.00



ASHLAND
FOOD CO+OP

EST. 1972

Co-op Kitchen
Grab-N-Go
Miso Tahini Dressing
Vegan

12 oz.

\$5⁵⁰

SAVE \$2.00



WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE
PURPLE TAGS
TO SAVE!

co+op
basics

CO+OP BASICS

co+op
basics

Applegate Naturals
Chicken Nuggets

16 oz.

\$12⁹⁹



co+op
basics

Field Day
Organic
Shoestring Cut Fries

24 oz.

\$4⁹⁹



co+op
basics

Field Day
Organic
Raw
Wildflower
Honey

16 oz.

\$6⁹⁹



co+op
basics

Jarrow
Bone-Up

240 cap

\$21⁴⁹



co+op
basics

Field Day
Organic
Tomato Paste

6 oz.

\$1³⁹



Upcoming Events

N. Mountain Park Clean-up

We proudly join Ashland's Adopt a Park Program. Come help with our quarterly clean-up! Coffee and snacks provided. Wear work-friendly clothes.

FREE
Friday, June 20 | 9am-11am

Kids Camp Eat Your Way Around the World

Campers will learn to prepare delicious, culturally-inspired meals from scratch throughout the week, exploring global food traditions.

\$250 Community member
\$245 Owners

June 23 - 26 | 9am-1:30pm
(ages 9-12)

June 30 - July 3 | 9am-1:30pm

Hand-Made Pasta to Impress!

Learn to make delicious pasta from scratch using simple ingredients by hand or with a pasta machine in this fun, hands-on class!

\$40 Community member
\$30 Owners | \$20 Children
Thursday, June 26 | 6pm

Blood Drive

Give blood this month and help save lives. It's a simple, generous act that makes a lasting difference for someone in need. Your donation truly matters.

FREE
Friday, June 27 | 6pm-8pm



Sign up/Learn More:
AshlandFood.Coop/Events

WELLNESS

**SaltWorks
Premium
Epsom Salt**
Maximum
Strength
5 lb

\$7.79

SAVE \$2.20



**Natural Factors
Oil of Oregano**
Wild Crafted
1 oz.

\$16.49

SAVE \$5.50



**Herb Farm
All Products**

**25%
OFF**



**15%
OFF**

**Nordic Naturals
All Products**

**coop
deals**

**Dr. Tung's
Ecosentials
Smart Floss**
Comfort Soft
& Clinically
Proven
1 ct

\$3.79

SAVE \$1.50



BRUCE'S PICKS

**Copain
Chardonnay**
750 ml

Creamy flavors of coconut, vanilla and ripe pear blend nicely with crisp apple and citrus. Sonoma Coast, CA.

\$14.99



**Ercole
Bianco**
1000 ml

Piedmont white blend of Cortese, Chardonnay and Sauvignon Blanc. Light, fresh and unoaked. One liter bottle.

\$11.99

