

SALE FLYER | DECEMBER 3 TO DECEMBER 9, 2025

BOB'S ORGANIC ALL-PURPOSE BAKING FLOUR

5 LB BAG

\$4.99

Save \$2.20



FRESH PRODUCE

Your only Southern Oregon Certified Organic Grocer



ORGANIC Honeycrisp Apples Washington

\$449 SAVE \$1.50/lb





ORGANIC
Hachiya
Persimmons
California

\$2⁶⁹ea

SAVE \$1.30/ea





ORGANIC Lemons California & Mexico

\$199_{lb}





ORGANIC Starkrimson Pears

Oregon

\$469 SAVE \$1.30/lb





ORGANIC Yellow Potatoes Oregon & Canada

99¢_{lb}





ORGANIC Fennel Bulbs California

\$269 ea SAVE \$1.30/ea





ORGANIC Mini Persian Cucumbers Mexico

\$499 SAVE \$1.00/lb





ORGANIC Red Onions Oregon & Washington

\$449_{lb}





Brew Dr. Organic Kombucha 14 oz.

2/\$5

SAVE \$2.98 on 2





GROCERY

Wildwood Organic Tofu 14 oz.

\$299

SAVE \$0.60





deals



Amy's Burritos

5-6 oz.

^{2/\$}6

SAVE \$2.58 on 2





Nature's Path Organic Waffles 7.4 oz.

\$329

SAVE \$1.10



USDA

coop deals



Boulder Canyon Kettle Potato Chips

5.25-6.5 oz.

\$329

SAVE \$1.00



coop deals



ChoiceOrganic Herbal
Tea

16 ha

16 bags

coop deals

\$389 SAVE \$1.00



coop deals



Koyo Ramen 2-2.1 oz.

4/\$5

SAVE \$1.76 on 4



\$519

SAVE \$0.80



Minor Figures Organic Oatmilk

32 oz.

\$399 SAVE \$0.70



USDA ORGANIC



Equal ExchangeOrganic Bittersweet
Chocolate Chips

\$13⁹⁹lb





Grandy OrganicsOrganic Coconola
Coconut Granola

\$1199_{lb}

USDA ORGANIC



Pachamama Peru

Medium Roast

\$16⁹⁹lb (





Sunridge Farms Organic Jolly Beans

\$999_{lb}



EVERYDAY LOW PRICES ON EVERYDAY BASICS





Field Day Organic Cane Sugar • 24 oz \$3.99



Field Day
Organic Light Brown
Sugar • 24 oz
\$3.99

lield







Field Day
Organic Powdered
Sugar • 16 oz
\$3.99







Field Day Organic All-Purpose Flour • 5 lb \$6.49



LAND & SEA

Organic Smart Chicken Boneless Skinless Thighs



SAVE \$1.50/lb







Beeler's **Boneless Pork Shoulder Roast**

SAVE \$2.00/lb







Wild Ahi Tuna Fillet **Previously Frozen**

SAVE \$3.00/lb

HOUSE-MADE

ASHLAND FOOD CO+OP EST. 1978

Co-op Kitchen Grab-N-Go Tempeh Club

Vegan

\$795 ea

SAVE \$2.00



ASHLAND FOOD CO+OP

Co-op Kitchen Grab-N-Go Garlic Lover's Pasta Salad

SAVE \$2.00/lb



Sunday Bacon 8 oz

Applegate Naturals

SAVE \$1.50

WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE PURPLE TAGS TO SAVE!





Applegate Naturals Gluten-Free Chicken Nuggets 16 oz.





Field Day **Organic** Garbanzo Beans

15 oz.



Organic Apple Juice 64 oz

⊙op⁻ basi¢s





Field Day







Field Day Organic Brown Rice Penne Pasta 12 oz.



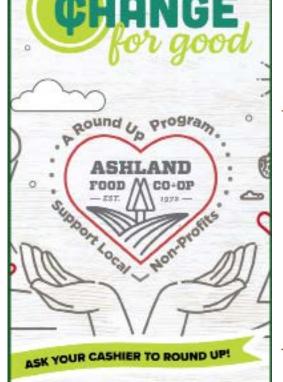




Field Day Organic Pasta Sauce 24 oz



round up to Give Back



Jackson County Fuel Committee

Jackson County Fuel
Committee is
dedicated to
addressing the
disparity between the
lack of access to
heating and energy
resources for
thousands of
low-income workers
and families and the
abundance of such
resources in the area.

Now All Products

10% OFF



WELLNESS

Canary All Products

20% OFF



Aura CaciaAll Products

30% OFF













coop deals

Heritage Store Rosewater

Refreshing Facial Mist 8 oz.

\$949

SAVE \$1.00





BoironOscillococcinum

Flu-Like Symoptoms 6 dose

\$4479

SAVE \$1.70



BRUCE'S PICKS

Boucard Bourgueil

750 ml

Nice example of Loire Valley Cabernet Franc, with juicy fruit up front, followed by a rustic, earthy, herbal finish

\$**14**⁹⁹



Valley View Pinot Noir

750ml

Bright raspberry, cherry, and other red fruits. Silky, refined, graceful, with delicate aromas and just a hint of oak.

\$4899

