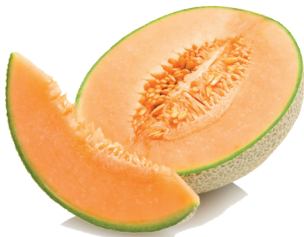




ORGANIC
Seedless Watermelon
 California
88¢ lb
 SAVE \$0.31/lb

SALE FLYER | MAY 27 TO JUNE 2, 2026

FRESH PRODUCE
 Your only Southern Oregon Certified Organic Grocer



ORGANIC
Cantaloupe
 California

\$1.24 lb
 SAVE \$1.65/lb



ORGANIC
Yellow Peaches
 California

\$3.68 lb
 SAVE \$2.27/lb



ORGANIC
Raspberries
 6oz Containers
 California

\$4.48 ea
 SAVE \$1.47/ea



ORGANIC
Navel Oranges
 California

\$1.42 lb
 SAVE \$1.02/lb



ORGANIC
Cilantro
 Oregon & California

\$1.48 ea
 SAVE \$0.81/ea



ORGANIC
Mini Persian Cucumbers
 Mexico

\$2.28 lb
 SAVE \$1.71/lb



ORGANIC
Broccolini
 California

\$2.98 ea
 SAVE \$1.27/ea



ORGANIC
New Crop Potatoes
 Red & Yellow
 California

\$1.68 lb
 SAVE \$0.31/lb



coop deals

GT's Synergy Kombucha
All Flavors
16 oz.

2/\$5

SAVE \$2.58 on 2



GROCERY

coop deals

Pickled Planet Krauts and Kim Chee
16 oz.

\$6.99

SAVE \$1.30



coop deals



Actual Veggies Veggie Burgers
All Flavors
4 pack

\$5.99

SAVE \$1.50



coop deals



Cappello's Pizza
Cheese and Pepperoni
11-12 oz.

\$7.99

SAVE \$3.30



Larabar Nutrition Bars
All Flavors
1.6 - 1.7 oz.

2/\$3

SAVE \$1.58 on 2



Barbara's Puffins
Crunchy Corn and Peanut Butter
10-11 oz.

\$4.29

SAVE \$1.00



coop deals



Santa Cruz Cherry Limeade
32 oz.

2/\$7

SAVE \$1.98 on 2



coop deals



Lesser Evil Popcorn
All Flavors
4.6 oz.

2/\$7

SAVE \$1.38 on 2



coop deals



Elmhurst Nut Milks
All Flavors
32 oz.

\$5.49

SAVE \$1.20

BULK

coop deals



Organic Rolled Oats

\$2.59 lb

SAVE \$0.40/lb



coop deals



Organic Lotus Forbidden Rice

\$4.39 lb

SAVE \$0.60/lb



Cafe Mam Breakfast Blend

\$12.99 lb

SAVE \$3.00/lb



coop deals



Organic Royal Quinoa
Tricolored

\$3.19 lb

SAVE \$0.40/lb





**ASHLAND
FOOD CO+OP**

EST. 1972

YOUR PATRONAGE DIVIDEND

will be available
at the Register
on June 1st!

Questions?

Visit: AshlandFood.Coop/patronage-faq





LAND & SEA



Organic Smart Chicken
Boneless Skinless Breast

\$9⁹⁹ lb

SAVE \$2.50/lb



Wild Ahi Tuna Fillet

Previously Frozen

\$11⁹⁹ lb

SAVE \$3.00/lb

HOUSE-MADE

ASHLAND FOOD CO+OP

EST. 1972

Co-op Kitchen
Made to Order
Cold Brew

16 oz.

\$4⁹⁵ lb

SAVE \$1.00



Applegate Naturals
Beef Hot Dogs

10 oz.

\$5⁴⁹

SAVE \$1.20



Beeler's
Bone-in Pork Chops

\$5⁹⁹ lb

SAVE \$2.00/lb



ASHLAND FOOD CO+OP

EST. 1972

Co-op Kitchen
Grab N Go
Greek Dolma
Salad

\$9⁹⁵

SAVE \$1.00



WHAT IS CO+OP BASICS?

Co+op Basics includes over 300 pantry and household staples. From beef to milk to cereal, we've lowered the price on all these items to make organic, healthy food accessible to every shopper.

LOOK FOR THE PURPLE TAGS TO SAVE!

Co+op basics

CO-OP BASICS

Co+op basics



Emerald Hills
Ground Beef

Not to Exceed 20% Fat

\$7⁹⁹ lb



Co+op basics



Field Day
Vanilla Sandwich
Cookies

10.5 oz.

\$3⁴⁹

Co+op basics



Field Day
Coconut Water

16.6 oz.

\$2⁶⁹

Co+op basics



Field Day
Organic Blue Corn
Tortilla Chips

9 oz.

\$2⁹⁹



Co+op basics



Field Day
Organic Garlic Cilantro
Salsa

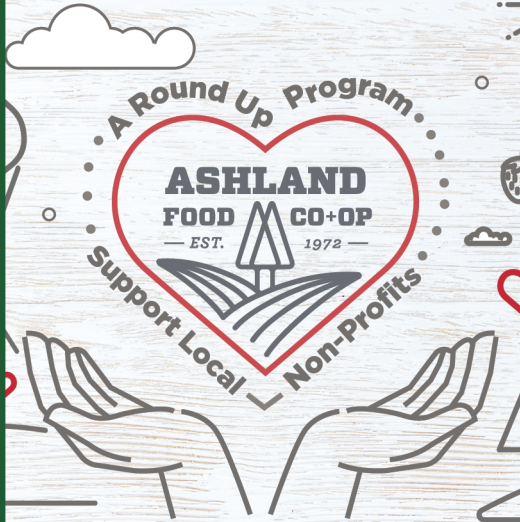
16 oz.

\$3⁹⁹



ROUND UP TO Give Back

CHANGE
for good



**ASK YOUR CASHIER
TO ROUND UP!**



**Pollinator Project
Rogue Valley**

PPRV creates awareness
and educates on the
importance of saving
pollinators.

JUNE 1 TO 30

coop
deals

WELLNESS

coop
deals



**Dr. Bronner's
Magic Soap**
Almond
32 oz.

\$15⁴⁹

SAVE \$4.80



**Kal
Magnesium Glycinate**
High Absorption
90 Soft Gel

\$18⁴⁹

SAVE \$2.50

**Pranarom
All Products**

**10%
OFF**



coop
deals

**Lily Of The
Desert
Aloe Vera Gel**
Whole Leaf
32 oz.

\$8⁴⁹

SAVE \$1.80



**OM
Master Blend
Powder**
10 Mushroom
Complex
3.17 oz.

\$18⁷⁹

SAVE \$4.70



coop
deals

BRUCE'S PICKS

**Naia
Verdejo**
750 ml
Dry-farmed, estate
vineyard, four months
on the lees. Very fresh,
a little stone fruit and
plenty of crisp green apple
and citrus.

\$14⁹⁹



**Plani Arche
Sangiovese**
750 ml
Over thirty years of
certified organic
viticulture, natural
winemaking, family
owned and operated,
grown in the Umbrian
hills near Assisi, IT.

\$17⁹⁹

